

WE WALK BY FAITH NOT BY SIGHT.

2 Corinthians 5:7



WALK



“GO THE EXTRA MILE!”

BACKGROUND:

At the close of day when laboring hands were finally at rest, the sweet old folks that now reside in health care facilities were peacefully reclining in their front porch swings listening to the melodious call of the whippoorwill repeatedly announcing the approach of dusk. Even though storms were continuously sweeping over the mountains of life, this generation was unshaken by the impetuous winds of time because of their strong belief in God and support from their neighbors that surrounded them with love. In the face of the tempests that were hurling their force through acts that brought on war among nations, or facing hardships during what was known as “The Great Depression, their hope in a better tomorrow remained unshaken due to their faith in God and one another.

Consequently, even though at times, the coffers were almost down to nothing but crumbs, with the bottom ominously staring back, the neighbors that had “a little bit more” chipped in, not allowing anyone to go hungry. Thus, if a raging storm caused a neighbor’s barn to collapse, straw hats worn by caring neighbors could be seen on the distant horizon as the men folk, grasping heavy tool chests, made their way toward the disaster. Women, on the other hand, walked together in a group laden with baskets of food to provide sustenance for young and old alike. Then when a leak in the roof of a church allowed the cold rain into God’s house, no matter the denomination, folks gathered from far and wide carrying bundles of shingles, nails and a hammer.

Growing up during this time meant never bothering to lock the front door or worrying over worldly goods. When adversities had been the most severe, this generation had triumphed victoriously. These were the days.....the good old days....when the peace of God that passes all understanding always reined victorious because folks truly loved their neighbors as themselves.

Even now, there is simply nothing like having a neighbor that will “go the extra mile”; a generous act that was gallantly demonstrated on a beautiful fall day during the first week of October, 2016. As a way of participating in the program called “WALK” recommended by Aegis Therapies, two very resourceful activity directors, Tim Trafford and Melody Childers, found a way for wheelchair bound residents to show the community at large how much they supported wellness. After all, is there anything that lifts the spirit more than a walk in the park on a sunny fall day?

Thus, wasting no time, they were in contact with Principal Jeanne at Catholic High School requesting assistance toward making this program a reality for the residents. Fully realizing how dedicated this institution was in teaching their student body about the value of community service, activity directors, Tim and Melody, were both confident the idea would work. After all, it was not the first time the health care facility and their neighbor Catholic High School had cooperated together by combining generations to not only accomplish a task, but also have a lot of fun in the process. The bottom line is simply that sometimes, as human beings, we are all called to serve as another’s arms and legs. After all, isn’t that what God meant when he said, “Love your neighbor as yourself”?

Ladies and gentlemen, the bottom line is that God created a beautiful world filled with people of all races and colors. Additionally, he was fully aware that young people needed the wisdom of those that had already walked the crooked trails and survived. After all, how comforting is it, when facing the trials and tribulations of life, to observe an individual that has already been through the same fire and is alive to tell about it? This concept, plus, simply realizing diversity is a marvelous thing, is how God’s people endure the hardships on their journey in this complex world.

As you view the beautiful photographs that follow, you are invited to relish the sweet expressions on the faces of those involved. See if you can distinguish who is having more fun.

ACTIVITY: Walk (With Aegis Therapies)

SUPPLIES NEEDED:

**** Individuals to push wheelchairs (Highly recommend outside community members) If you have access to young people, even better.**

****Plan the route for walking. (This group simply walked around the community that was quiet with little traffic.**

****Ice Cream on a stick and water are great as a reward for a job well done. It also extends the conversations between the young and older generations. In addition, you will be given the opportunity of hearing the comments between the participants expressing their enjoyment of the experience.**



SHOTGUN START!



***SETTING RECORDS
FILLED WITH FUN AND
LAUGHTER, THE WALK
BEGINS!***

LEADING THE PACK....



KEITH!



**WALKER
LES!
DRESSED
FOR THE
OCCASION!**



**WHAT A
DAY!**



*SMILING ALLOWED FROM BOTH
THE YOUNG AND THE OLD!*



RETURN OF THE CONQUERING HEROS!



GOOD THINGS IN STORE FOR THOSE WHO WAIT!



LIKE.....ICE CREAM!



YUMMY!



DELICIOUS!

*“YOU TWO FELLOWS FEEL FREE TO
SEND ME A CARD AND I WILL
ANSWER YOU RIGHT BACK! THAT
IS FOR SURE!”*

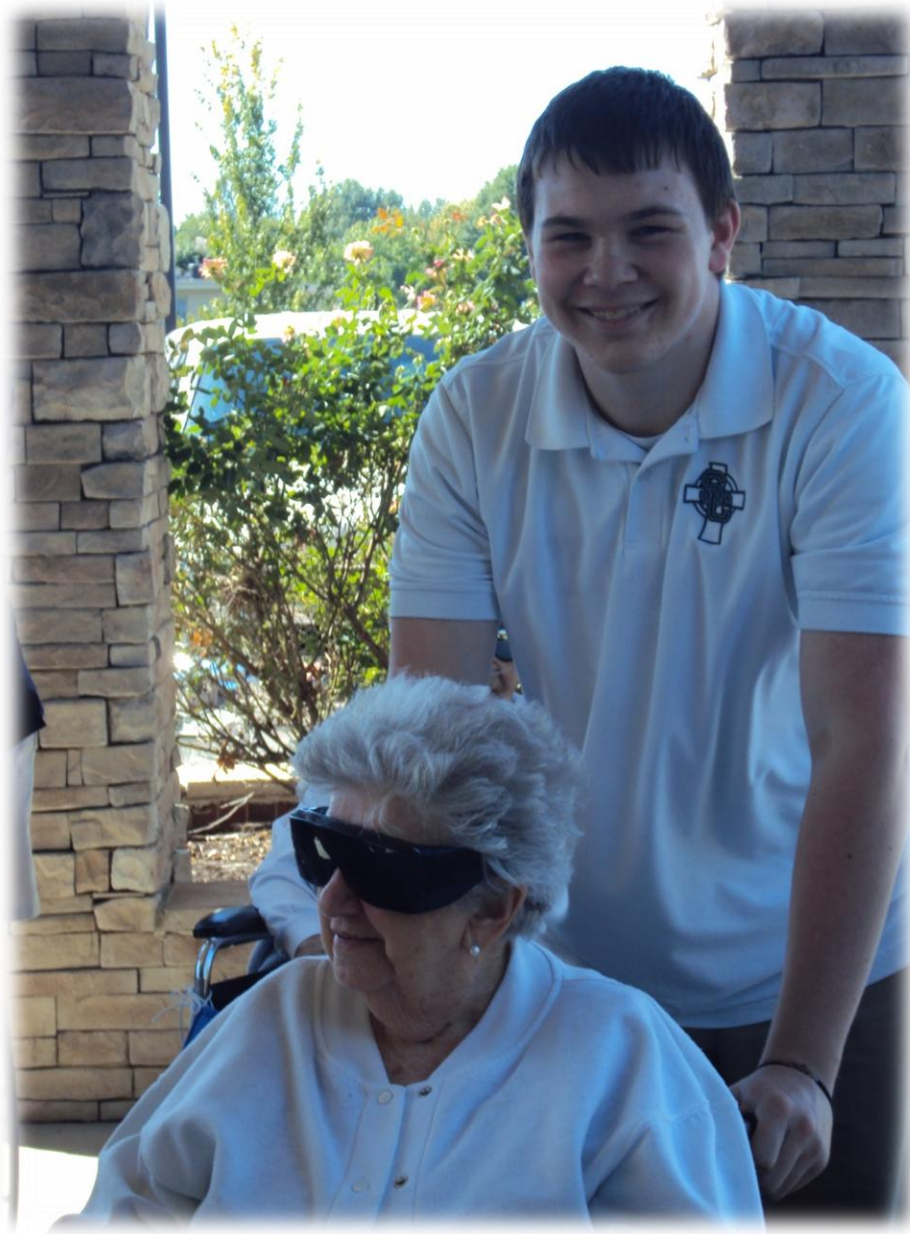


“SO MUCH GOING ON!”





***“WHAT A FINE WALK WE HAD
TOGETHER!”***



***SMILES THE ENTIRE TIME BETWEEN
THESE TWO FRIENDS!***

**"I'VE BEEN
TOLD THAT I'M
A RISK TAKER!
DID I
INFLUENCE
YOU IN THIS
DIRECTION
ON OUR
WALK?"**



**COME BACK AGAIN
REAL SOON! I HAVE
SO MUCH MORE TO
SAY TO YOU!**

WALK!

